

# Behavioral Health Organization (BHO)

- 2010 -Affordable Care Act becomes law
- 2014 – Washington State passes legislation to create Behavioral Health Organizations (BHOs) to purchase and administer mental health and substance use disorder services through a managed care structure.
- 2014 – County Councils / County Commissions of the five (5) counties of North Sound Mental Health Administration (Snohomish, Skagit, Whatcom, Island and San Juan) give approval to pursue the BHO option and notify the State.

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- October 31, 2015 – North Sound Mental Health Administration Submitted the detailed plan for the BHO to the State Department of Behavioral Health and Recovery
- State has completed first review and we are responding to some requests for information. The State will be publishing results of the review at some future unknown date.

# Behavioral Health Organization (BHO)

- April 2016 – North Sound Mental Health Administration transitions to the BHO and assumes administration, contracting and oversight of Substance Use Disorders (SUD) treatment system.
- 2020 – Full integration of financing and delivery of physical health, and behavioral health care through managed health care.

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- June 2018 – Lease expires for Pioneer Human Services Residential Program (Pioneer Center North [PCN]) and North Sound E & T at North Cascades Gateway Center.
- North Sound RSN is working with 5 North Sound counties to develop a plan for creation of SUD residential treatment beds.

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- Also working with the counties and TeleCare for the relocation of the North Sound E & T.
- PCN has 108 State funded beds.
- North Sound utilized 32% of the bed days at PCN in CY 2014. The remaining beds are used by the rest of the state - King, Pierce, Spokane counties.

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- Big consideration in planning for the facilities is the Institutions of Mental Diseases (IMD) rule. Rule prohibits Medicaid reimbursement for any person residing in IMD.
- IMD is a facility of more than 16 beds that is primarily engaged in treatment of persons with mental illness.

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- State planning to verbally request a waiver for the 16 bed requirement for SUD residential facilities.
- There is some recognition across the state of the value of economy of scale for SUD residential services.
- Currently NSRSN/BHO is planning to replace current Pioneer Center North beds with 1 or more SUD residential facilities of 16 beds or fewer.

# Behavioral Health Organization (BHO) Triage Facility

- NSRSN/BHO can fund services for triage via Medicaid
- Will not fund capital for the crisis triage facility
- Services currently provided by Compass/Pioneer Crisis Prevention Intervention Team

# Behavioral Health Organization (BHO)

## Triage Facility

- Provides diversion and alternative to Hospital Emergency Department usage, incarceration and recidivism in the criminal justice system.
- Individuals admitted to Whatcom Triage Center will be at risk of hospitalization or being booked into jail.
- The Center shall be a place where individuals can stabilize and be linked to ongoing services.

# Behavioral Health Organization (BHO) Triage Facility

- Model Components
  - Crisis services and stabilization services 24 hours-7 days a week.
  - Individuals may stay in the Triage Center for up to five (5) days, with the ability for an extension
  - Staff
    - Mental Health Professionals
    - Certified Peer Counselors
    - RN

# Behavioral Health Organization (BHO) Triage Facility

- Mobile Outreach Team
  - Provide community outreach and brief intervention to individuals and families to prevent mental health crises or intervene earlier in situations to prevent unnecessary use of Emergency Departments and inpatient psychiatric hospitalizations.