

HEALTH CLUB/FITNESS STUDIO LISTINGS FOR WHATCOM COUNTY EMPLOYEES – March 2017

Name	Address	Programs	Fees*	Other Information
3 Oms Yoga 360-671-3510	1319 Cornwall Avenue Bellingham	Beginner, Power, Iyengar, Flow, Gentle Flow, Yin, Prenatal Yoga; variety of workshops. www.3omsyoga.com	\$108 for a month of unlimited yoga classes, or \$15.00 per class. Variety of packages available. \$20 first timer special.	Go to website and click on "Workshops/Events" for additional workshops and classes.
Anytime Fitness Bellingham 360-306-5858	115 West Kellogg Rd. Bellingham	Open 24/7. No formal classes. Small group training & personal training available. Free weights, weight, E-spinner bikes & aerobic machines. www.anytimefitness.com	Call for monthly dues and membership fees.	
Anytime Fitness Lynden 360-306-8668	6918 Hannegan Road Lynden	Open 24/7. Bootcamp; yoga, Zumba, free weights, weight & aerobic machines. www.anytimefitness.com	Monthly dues (12 mo. agreement): \$40.99 – Individual – (no multi member agreements) \$49.99 – Security Access, one-time fee	This is a 10% discounted rate for Whatcom County employees.
Arne Hanna Aquatic Center - Bellingham Parks & Recreation 360-778-7665	1114 Potter Street Bellingham	Water aerobics, arthritis exercise, deep water running, open & lap swim, swim team, swim lessons. Training courses: life guarding, water safety instructor, CPR, and first aid. www.cob.org/ahac	Variety of passes available. Check the City of Bellingham website for current rates.	Facility features - 8 lane 25 yard pool - hydro-therapy pool - dive tank with 1 meter board - pre-school pool & 135' water slide
Barre3 Fitness Studio 360-922-7398	2210 Rimland Drive Suite 105 Bellingham	All levels of fitness welcome at all classes. No-impact, 60 minute class combines yoga, pilates & weights. www.barre3.com/bellingham	New Client Specials of 3 classes for \$30 and Unlimited for \$99/ month.	Numerous options for monthly classes. Cost per class varies on the class package.
Bellingham Athletic Club 360-676-1800	Cordata 4191 Meridian Street Bellingham (676-1800) Downtown 1616 Cornwall Avenue Bellingham (734-1616)	Aerobic & weight machines, free weights, pool, hot tub, sauna, steam room, child care, racquetball, basketball. Classes: bosu, step, studio cycling, pilates, strong and stable, tai chi, boot camp, Jazzercise, power pump, Zumba, yoga, water aerobics, etc. (Classes & facilities vary by location). www.bellinghamathleticclub.com	Joining Fee: (Discounted) Single - \$85/\$60 12-mo contract Couple - \$125/\$87 12-mo Monthly Dues Gold / Platinum: Individual - \$41 / \$52 Couple - \$64 / \$78	Current members ask for Whatcom County monthly fee by contacting business office. Employment verification needed. Pay for the year in advance and save on dues. Personal training available for fee.
Bellingham Dance Company 360-224-4082	The Majestic 1027 N. Forest Street Bellingham (Temporary location of classes)	Group classes & private lessons in: Swing, Latin, Ballroom, Tango, Salsa, Jazz & Hip Hop. www.bellinghamdancecompany.com	Class cost is \$18 (1.5 hour length), classes run 6 weeks generally for \$108 Event costs: \$10 - \$15 Private lessons: \$65 - \$75/lesson	Numerous other options available.

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Bellingham Fitness 360-733-1600	1730 N. State Street Bellingham	Classes: Zumba; spinning; power pump. Free weights, aerobic & weight machines, hot tub, sauna, steam room, personal training, treadmill, ellipticals, stepmills, bikes, tanning beds. www.bellinghamfitness.com	Discounted Fees: Initiation fees: \$0-\$49 Monthly Dues Individual/Family: \$30-\$40 Student: \$25-\$30 Free Week trial for 1 st time visitors.	All memberships include: full access to club & spa (steam room, whirlpool & dry sauna), and all aerobic classes. Yoga is included. Child care is \$15/month unlimited for first child and \$10/month unlimited for each additional child.
Bellingham Jazzercise 360-440-5611	1326 Commercial St. Bellingham	Classes: Regular Jazzercise – Mix of Latin, hip hop and jazz dance. www.jazzercise.com	Joining fee is a one-time fee of \$56 for a 12 month contract or \$66 for a 6 month contract. Monthly fee is \$47/mo. for the 12 month contract, \$56/mo. for the 6 month contract. \$15.00 drop-in fee.	10% discount to all Whatcom County employees on 6 and 12 month memberships.
Bellingham Training & Tennis Club 360-733-5050	800 McKenzie Ave. Bellingham	Tennis & Fitness: Intensity without Injury – Functional training to help you live life to the fullest. Tennis instruction with small groups and privates. Fitness training with large group, small group & personal training. New “RIDE” Cycle Studio, Cycle Moles & Healthy Knees www.BeTrainingTennis.com	Initiation Fees: Single: \$125; Couple: \$200 Tennis: Single: \$500; Couple: \$750 Discounted 25% for Whatcom County employees.	Monthly dues vary based on membership type. Free 1 week trial of “Fitness Silver” membership
BOOM! Elite Martial Arts 360-303-3334	1611 Broadway Bellingham	Martial art classes for adults and kids; all skill levels. www.boomelitemartialarts.com	Visit website for more info and class schedules.	Check out website for *free* introductory classes.
City of Bellingham Parks & Recreation	210 Lottie Street Bellingham	Numerous sports, fitness activities and community events throughout the year. Visit the City of Bellingham website to review and register. See Leisure Guide at https://www.cob.org/gov/dept/parks	Fees vary by class.	Golf course.
City Gym 360-647-1511	4152 Meridian Street, Suite 219 Bellingham	Aerobics, free weights, aerobic & weight machines. Classes: cardio circuit, cycle, kick boxing, step aerobics, body strong, core concepts, total body conditioning, pilates, yoga, senior balance, tai chi, belly dancing, Zumba, senior balance. www.mycitygym.com		

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Club Barbell 360-778-2628	1420 Pacific Place Suite D Ferndale	Open 24 hours with newly equipped state-of-the-art Sports Art, Hammer Strength and Torque Fitness strength and cardio equipment. www.clubbarbell.com	Day Passes, Month to Month, and annual memberships are available.	
Clubbell Yoga	115 Unity St. Suite 202 Bellingham	Intro workshops and classes are available for all levels. www.fitbodywellness.com	Visit their website for dates, fees, times, and details.	
Crossfit Iron Industry 360-305-4284	1611 Birchwood Ave Bellingham	For all levels. Classes are balanced between strength, metabolic conditioning, gymnastics and more functional movements. www.crossfitironindustry.com	Starter Pack - 3 Personal Training Sessions plus a week unlimited classes for \$89.00!	
CrossFit X 360-223-2051	2031 Grant Street Bellingham	Small group class settings. Weight training, cardio, all fitness levels welcome. www.crossfitx.com		
The Dance Studio 360-734-1595	1820 Cornwall Avenue Bellingham	Adult Classes: Advanced Tap: Wednesdays, 6 p.m. Check website for: Ballet, Jazz, Hip Hop www.thedancestudio.net	\$10 registration fee. \$55/month, \$15 drop-in per class.	
Elements Hot Yoga 360-676-9642	1308 Meador Ave #C3 Bellingham	Power vinyasa, hatha, and yin classes for all levels in a hot room www.elementshotyoga.com	Visit their website for membership fees, times, and details.	
Everyday Fitness 360-380-4405	1920 Main Street, Suite 11 Ferndale	Classes; free weights; weight machines; aerobic machines. www.Everydayfitnessinc.com	Monthly dues: Individual: \$24.95 Couple: \$44.95 Family: \$64.95	No initiation fees.
Firehouse Performing Arts Center 360-734-2776	14th & Harris Avenue Fairhaven	Ballet, swing dance, modern dance, Tai-Chi and Qigong www.firehouseperformingarts.com	Call or visit their website for dates, fees, times, and details.	
Fit Body Wellness 360-927-2710	1430 Garden Street 115 Unity Street Suite 202 Bellingham	Strength yoga fusion; FlowFit bodyweight training; TACFIT - uses kettlebells, rings, etc. www.fitbodywellness.com	\$15 - \$20 per class depending on class.	

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Fitness Evolution 360-671-4653	1504 Iowa Street Bellingham	Aerobics, yoga, Zumba, Pilates Mix, large selection of free weights and weight machines. Dry saunas. fitnessevolution.com/clubs/bellingham-wa/	No enrollment fee for Whatcom County employees. Monthly dues: Basic \$9.99. Basic Plus \$19.99 and Premium \$29.99.	Open 7 days week
Fitness Gear & Training 360-671-5059	1605 North State Street Bellingham	(30) & (60) Minute Private and Couples Personal Training, 30-Minute Fit - Group Fitness with a Private Experience, Cross-Over Programs - Unlimited Access Membership to 30-Minute + 1-2 Private Training Sessions Per Week, and all programs include monthly coaching on ALL aspects of Wellness! www.fitnessgearandtraining.com	- Free Private Fitness Consultation with Zac - No Enrollment Fees or Club Maintenance Fees - 3-Day Program Change/Cancellation Policy - 30-Day Money Back Satisfaction Guarantee - Please schedule a consultation for program pricing as we have a variety of program options	- Corporate Rates Available for our 30-Minute Fit Program - New Client "Share the Wellness" Special - 50% off your first month of 30-Minute Fit or (1) Free Private Personal Training Session with any private or cross-over training program
Homestead Fitness Center 360-354-1196	115 E. Homestead Boulevard Lynden	Zumba, Power Pump, Cross-Train, Pilates, Yoga, Water Aerobics, and more. Free weights, weight & aerobic machines, swimming pool, hot tub, tennis courts, child care available. www.homesteadfitness.com	Initiation fee: \$30.00 Dues (based on annual contract): Individual \$52.95/month Couple \$72.95/month Family \$82.95/month	
Inspire Studio 360-447-8778	1411 Cornwall Avenue Suite 201 (2nd floor) Bellingham	Vinyasa Flow/Power Yoga, Tai Chi, Martial Arts, and Gentle Yoga. Vinyasa yoga, Tues & Thurs, Noon-1 p.m. (Thurs. is more beginner friendly) inspirestudiobham@gmail.com	Yoga classes are offered by different teachers and each set their rate. Range is \$7 - \$15/per class. Class packages are available.	Ruby Koa offers discounts to County employees, and especially for lunch hour classes. With the largest punch card, classes are as little as \$5.50 a class. Call with questions or visit our website.
Joy of Pilates Studio 360-224-1433	2130 Grant Street Bellingham	Personal Training, Pilates, Reformer, TRX, Cubasere dance!, TKO and classes for back care and OsteoPilates! info@joyofpilates.net www.joyofpilates.net	\$13.00 - \$20.00 depending on class \$110/month unlimited mat classes.	Free Mat Intros quarterly! Check website for ongoing health workshops.
La Vida Dance Studio 360-224-5345	1417 Cornwall Avenue Suite 201 Bellingham	Bellydance, Dance Fitness, Kids Jazz and Creative, Persian and Tajik, Tango, and Martial Arts. www.lavidadancestudio.com	Costs vary depending on class.	Visit their website for more information.
Lifthaus 360-524-2273	122 Ohio St #102 Bellingham	Crosstraining, weightlifting, powerlifting, Strongman, kettlebells, gymnastics, calisthenics and mixed martial arts. www.liftha.us/	\$20/month to employees and spouses for all services! No contracts.	Contact Batool for more information
Locker Room Fitness & Training	1859 Main Street, Suite 103	TRX, Barre, Cycle, Zumba, Yoga, etc. Group Training, Individual Training, Free	Initiation – Ask about current promotion.	Open 24/7

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360-318-7508	Ferndale	Weights, Open 24/7, Saunas, Childcare, Smoothies. www.lockerroom.com	Starting at \$19.95 /month.	
LoveToMoveStudioZ 360-483-8027	1844 N. State Street Bellingham	Zumba fitness, bellydance, yoga, Latin dance, Pound and Barre classes. www.lovetomovestudioz.com	No initiation fees.	Check out their website for payment options.
Profitness Northwest 360-224-4373	1305 Fraser St D3 Bellingham	Personal training, self-defense, CrossFit, and yoga classes offered weekly. www.profitnessnorthwest.com	Free intro class! Call for additional pricing.	
Sportsplex 360-676-1919	1225 Civic Field Way Bellingham	Soccer, skating and hockey www.bellinghamsportsplex.com	Call or visit their website for classes and details.	Costs vary depending on activity.
Whatcom Community College 360-383-3200	237 West Kellogg Rd. Bellingham	Ballroom dancing; swing dance; salsa dancing; belly dancing; yoga, Qigong, Tai Chi, pilates, self-defense for women and MORE! Go to website and click on "current classes". www.whatcomcommunityed.com	Sign up for classes on the WCC website.	Cost varies by class – see website.
Whatcom Family YMCA 360-733-8630	1256 N. State Street Bellingham 3 other locations: Ferndale, Lynden, and Sudden Valley	Free weights, weight & aerobic machines, swimming pool, sauna, steam room, child care, climbing wall, youth sports, Girls on the Run, trail blazers, camps, racquetball, squash & pickleball courts, gym (basketball & volleyball). Classes: Zumba, step, yoga, SilverSneakers, water aerobics. (Classes & facilities vary depending on facility). www.whatcomymca.org	Monthly memberships available for all ages starting at \$15/month. Annual corporate memberships available starting at \$410.40/year.	5 New Chronic Disease Prevention Programs: LiveStrong at the YMCA YMCA Diabetes Prevention Program ACT! Actively Changing Together Pedaling for Parkinson's Lose to Win
Yoga Northwest 360-647-0712	1440 10th Street, Suite 101 A Bellingham	Numerous weekly yoga classes from beginner to advanced, including gentle back care, prenatal, and restorative. www.yoganorthwest.com	Prices vary – see website. \$20.00 off 1st session for new students. Payment plan available.	Flexible make up policy. Mini-workshops throughout year. Free week of classes each quarter. Voted BEST Yoga Studio!

Many facilities offer a FREE pass or class. Be sure to ask so you can actually take a class or workout at the facility before making a commitment.

Not all clubs and facilities offer discounts to County employees. Fees listed may not include tax. Initiation fees may only be for individuals. Fees are valid as of the date quoted and are subject to change.

Disclaimer – Whatcom County does not endorse the clubs, studios or programs listed herein. They are listed for informational purposes only and employee convenience and are not a guarantee that programs or fees are accurate, have not changed, or will remain in effect for a certain period of time. Please contact each club/studio directly to verify current information.