



COVID-19 Case Investigation

1

Our investigation starts when we are notified of a positive test result from a healthcare provider or the Washington State Department of Health.



2

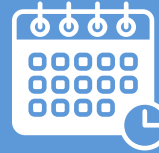
We check in with the sick person to see how they are. We tell them to stay home for at least 10 days after their symptoms started or 24 hours after their fever stops and symptoms improve, whichever is longer.



3

We ask them:

- *When* their symptoms started.
- *Where* they have been.
- *Who* they had close contact with.
- *Which* health conditions they have that could increase risk of severe illness.



4

We talk to their close contacts who may be at risk of getting COVID-19. Close contacts include everyone in any of these categories:



Were within 6 feet for more than 15 minutes.



Were near their coughs or sneezes



Lived in the same home



Cared for them

Close contacts are told to self-quarantine. This means they should stay home and monitor their health for 14 days after they were last around the sick person.

COVID-19 Symptoms can be severe or mild

Symptoms can take up to 14 days to appear.



- Fever
- Cough
- Shortness of breath
- Fatigue
- Congestion
- Headache
- Chills
- Sore Throat
- Muscle Pain
- Nausea or vomiting
- Diarrhea

People with symptoms should:



- Stay home.
- Call their provider to ask about testing.
- Separate themselves from others.
- Monitor their health.

Learn more and stay updated at [whatcomcounty.us/covid](https://www.whatcomcounty.us/covid).