

Stop TB

TB is preventable, treatable and curable!

Tuberculosis (TB) is spread when a person who is sick with TB disease coughs or sneezes the germs into the air. Anyone can get TB.



If you breathe in the TB germs, the germs go to your lungs. Sometimes the germs go to other parts of your body.

TB Infection

If your body is strong it can **stop** the TB germs from growing.

The germs are in your body, but do not grow and do not make you sick. This is called **TB infection**.

- You **cannot spread** TB to others.
- You will **not feel sick**.
- You can have a positive skin test.
- Your chest x-ray might look normal.



You **can take** medicine so that the germs in your body do not grow and make you sick with TB disease. TB medicine is free!

TB Disease

If your body is weak, it **may not stop** the TB germs from growing. Your body can be weak if you are sick with another disease, under stress or just getting older.

The germs keep growing and make you sick. This is called **TB disease**. You **can spread** TB to others.



You **can feel sick** with:

- Fever
- Cough (more than 3 weeks)
- Feel tired
- Loss of appetite
- Weight loss
- Night sweats
- Chest pain

You **must take** medicine to treat the TB. Your doctor will decide how long you need to take the medicine. TB medicine is free!



416.338.7600 | toronto.ca/health |  **TORONTO** Public Health