



Where Can Families of Children or Youth with Special Health Care Needs Find Respite in Whatcom County?

WHAT IS RESPITE?

“Respite” means different things to different people and agencies.

What we mean by “respite” is an opportunity for families to have a temporary break that:

- Is safe, enjoyable, and meaningful for a child or youth, and
- Gives parents/caregivers time to take care of their own and other family members’ health, social or emotional needs



WAYS TO FIND RESPITE

Listed below are ways to find respite. Unfortunately, resources and help with funding are limited. The Whatcom Taking Action for Children and Youth with Special Health Care Needs community group is working to increase respite opportunities for families.

Respite Opportunity	Where to Look
<p><u>Recreational or After-School Programs:</u> Daily or weekend programs</p>	<ul style="list-style-type: none"> • <u>Max Higbee Center Weekend drop in</u> (Fri & Sat nights) for youth 14 and up, <u>CAP program</u> (after school & summer): 360-733-1828 http://www.maxhigbee.org/about.html Private pay , financial assistance available upon request • <u>Bellingham Parks & Recreation</u> : See Leisure Guide: http://www.cob.org/services/recreation/activities/leisure-guide.aspx For assistance/accommodation, contact Amanda Grove at 360-778-7000 or agrove@cob.org Private pay, some scholarships
<p><u>Periodic Recreational Events</u></p>	<ul style="list-style-type: none"> • <u>Bellingham Parks and Recreation:</u> 360-778-7000 http://www.cob.org/services/recreation/activities/index.aspx#enrichment Private pay, scholarships • <u>WWU/Bellingham Parks and Recreation’s CAMP TEAM</u>, one overnight per year: 360-778-7000 or agrove@cob.org Private pay, scholarships
<p><u>Summer Camps or Programs:</u></p> <ul style="list-style-type: none"> • Day camps • Week camps • Educational programs 	<ul style="list-style-type: none"> • <u>School District Extended School Year Program</u> (for children with IEPs): Funded by School District Funds <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Bellingham Public Schools: 360-676-6470</p> <p>Blaine School District: 360-332-0722</p> <p>Ferndale School District: 360-383-9221</p> <p>Lynden School District: 360-354-2893</p> </div> <div style="width: 45%;"> <p>Meridian School District: 360-398-9898</p> <p>Mt. Baker School District: 360 383-2012</p> <p>Nooksack Valley School District: 360-988-475</p> </div> </div> • <u>Lions Camp Horizon</u> (for older children and youth) http://www.lionscamphorizonpark.org/calendar/calendar.htm Private pay, scholarships • <u>Bellingham Parks & Recreation:</u> Weekly theme based camps for youth ages 3-14. See Leisure Guide: http://www.cob.org/services/recreation/activities/leisure-guide.aspx For assistance/accommodation, contact Amanda Grove at

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<u>(Summer Camps or Programs, cont.)</u>	<p>360-778-7000 or agrove@cob.org Private pay, some scholarships</p> <ul style="list-style-type: none"> • Rebound/Ray of Hope (for children 5 – 12 with emotional /behavioral problems) http://www.reboundwc.org/index.php?page=programs&subpage=ray_of_hope Private pay, scholarships, DSHS childcare assistance • FACES-NW (for children with autism) http://www.facesnorthwest.com Private pay, partially covered by Extended School Year school district funds • Statewide Camp Directory at Center for CSHCN website: http://cshcn.org/sites/default/files/webfm/file/SummerCampDirectory2010.pdf Private pay, camp scholarships • Royal Family Kids Camp (for foster children who've been abused/neglected) Tammy Berg: 360-306-1410 or Larry Farr: 360-306-1213 http://www.rfkcbellingham.com/ Funded by DCFS foster program
<u>In-Home Care:</u> Care provided in a child's home, with or without family present	<ul style="list-style-type: none"> • Family members, friends, social or service clubs, church groups • WWU student employment website: 360-650-3158 http://www.finaid.wvu.edu/studentjobs/labor_list.php Private pay • Super Sitters through Parent to Parent: 360-255-2056 https://sites.google.com/a/p2pwhatcom.org/www/Home Private pay • Medicaid Personal Care Services (for children/youth on Medicaid) Division of Developmental Disabilities (DDD): 360-714-5000 http://www.dshs.wa.gov/ddd/region3.shtml Covered by Medicaid • Personal care agencies: Private pay or covered by Medicaid <ul style="list-style-type: none"> ○ Visiting Angels: 866-522-6435 http://www.visitingangelswa.com/, ○ Cascade Homecare: 888-229-5801 http://cascadhomecare.com/index.html, ○ Visiting Nurse: 800-551-1510 http://www.vnhomecare.org/ • Home Care Referral Registry for children or youth on Medicaid: 800-970-5456 http://www.hcrr.wa.gov/HCRR/northwest.htm Covered by Medicaid
<u>Out-of-Home Care:</u> Planned or crisis care provided outside of the home	<ul style="list-style-type: none"> • Division of Children and Family Services (DCFS) foster care respite placement: 800-398-4079 https://fortress.wa.gov/dshs/f2ws03apps/caofficespub/offices/general/OfficeShow.asp?qs_City=27&CityName=Bellingham DCFS funded • Opportunity Council's Childcare Resource and Referral : 888-444-1862 http://www.oppco.org/ccrr/ Private pay, unless on DSHS Working Connections Childcare program or DCFS foster program • Division of Developmental Disabilities 2-week stays in Lynnwood regional respite facility: DDD case manager: 360-714-5000 Funded by DDD • Service Alternatives respite facilities: 360-419-7066 http://www.servalt.com/children-family-services/ Private pay or Medicaid • Catholic Community Services (CCS) (for CCS clients in CHAP program or Behavior Rehab Services): Martha Liljegen: 360-676-2164 http://www.ccsww.org/site/PageServer?pagename=childrenyouth_chap Covered by Medicaid