



## Whatcom County Tobacco Cessation Resources

### Tobacco Cessation Counseling (One-on-one):

**Sea Mar Community Health Center**  
4455 Cordata Parkway  
Bellingham, WA 98226  
(360) 671-3225  
*(Will bill patient insurance)*

**FREEDOM Tobacco Cessation Program**  
Peace Health St Joseph Vascular Surgery  
Clinic  
2950 Squalicum Parkway, Suite B  
Bellingham, WA 98225  
(360) 788-6063  
*(Will bill patient insurance)*

### Tobacco Cessation Classes:

**LifeQuest at Peace Health St. Joseph  
Regional Medical Center**  
2950 Squalicum Parkway  
Bellingham, WA 98225  
[http://www.peacehealth.org/Whatcom/Life  
Quest/](http://www.peacehealth.org/Whatcom/LifeQuest/)  
(360) 738-6720  
*(Cost=approximately \$100, next class  
scheduled for 9/9/2010)*

### Nicotine Addiction Therapy:

**Enharmoney** (Biofeedback, homeopathy,  
addiction, and nutrition services)  
3410 Donovan Ave  
Bellingham, WA 98229  
[www.enharmoney.net](http://www.enharmoney.net)  
(360) 647-7667

**Natural Health Center** (Naturopathic  
medicine, homeopathic medicine, health  
coach, and massage therapy)  
1707 F Street  
Bellingham, WA 98225  
[www.fstreetnaturalhealthclinic.com](http://www.fstreetnaturalhealthclinic.com)  
(360) 734-1560

**Jill Likkel** (Acupuncturist)  
1111 West Holly Street, Suite F  
Bellingham, WA 98225  
(360) 483-3728

**Rehabilitation Chiropractic Center**  
2029 James Street  
Bellingham, WA 98225  
(360) 676-4488

**Discovering Health** (Acupuncture,  
hypnotherapy)  
1513 E Street  
Bellingham, WA 98225  
(360) 527-2812

**Bellingham Hypnosis Center**  
1523 - 4th Street  
Bellingham, WA 98225  
[www.bellinghamhypnosis.com](http://www.bellinghamhypnosis.com)  
(360) 734-9191