



Whatcom County Breastfeeding Resources

Support after your birth

Essential Lactation — Carolyn Mathews RN BSN IBCLC and Sara Manske RN BSN IBCLC

Phone: (360)336-6468 Fax: (360)824-5014
1050 Larrabee Ave Ste 104 #487, Bellingham, WA 98225
www.essentiallactation.com

- Provides lactation consultation
- Provides Home and Virtual Visits by appointment only
- Private pay with some insurances accepted (see website for details)

Fairhaven Lactation LLC – Mary Francell MA, IBCLC

Phone: (360)305-1673 Fax: (360) 483-5151
1515 Larrabee Ave, Bellingham, WA 98225
www.fairhavenlactation.com

Home, Office, and Telehealth Visits: Mon-Fri by appointment

- Provides lactation consultation
- Accepts Aetna insurance, First Choice Health, Blue Cross Blue Shield, and Cigna PPOs.
- Offers free baby weigh every Tuesday from 10-11am.

Honeysuckle Lactation - Lisa Follet, IBCLC

Phone: (360)355-3151 Fax: (360) 326-2235
www.honeysuckle-lactation.com

Office and telehealth visits: Mon-Sat by appointment

- The Hive: 8850 Bender Rd, Suite 204 Lynden, WA 98264
- and 119 N Commercial St, Suite 335 Bellingham, WA 98225
- Provides lactation consultation
- Most insurance accepted including Medicaid

PeaceHealth Medical Group Lactation Services

Phone: (360) 752-5280 Fax: (360) 752-5282
4465 Cordata Parkway, Suite C, Bellingham, WA 98225
www.peacehealth.org

Clinic Visits: Mon-Friday 9:00am—4:00pm

- Provides lactation consultation
- Accepts all insurance coverage for clinic visits

BRB Lactation – Patty Hiestand, RN, BSN, IBCLC

Phone: (360) 474-7092 Fax: (360) 783-6677
www.breastsrbest.com

Home Visits: Fri-Sun by appointment

- Provides lactation consultation
- Private pay for home visits. May be reimbursed by insurance

WIC Nutrition Services

Lummi Tribal Health Center

Phone: (360) 312-2467

Nooksack Tribal Clinic

Phone: (360) 966-2106

**WIC provides breast pumps to their clients. Check with staff on details*

Sea Mar Community Health Center

Cordata Phone: (360) 788-7150
Iowa Street Phone: (360) 778-4280
Ferndale Phone: (360) 778-4220
www.seamar.org

Peer: Leah Major leahmajor@seamarhc.org

Classes: Childbirth & Breastfeeding

Bellingham Technical College

Phone: (360) 752-8350
Offered once per month
Scholarships available

Doulas of Bellingham

Phone: (425) 320-7886
www.doulasofbellingham.com

PeaceHealth Breastfeeding Basics

Phone: (360) 752-5280
*Free class for Pregnant mothers
First Monday of every month, from 3:00-5:00pm. Call to register*

Sea Mar CBE & Breastfeeding Classes

Phone: (360) 788-7150
Includes classes in Spanish, open to the public

Bellingham OB/GYN monthly breastfeeding class

Phone: (360) 671-4944
One Saturday per month 9:00-11:30am. Call for dates.



Whatcom County Breastfeeding Resources

Support Groups, Drop-ins, & Classes

La Leche League of North Whatcom

Phone: (360) 218-4648

Email: LLLNorthWhatcom@gmail.com

FB Page: www.facebook.com/LLLNorthWhatcom/

In person mtgs — 3rd Tues of month, 6:30pm in Ferndale (text/call/email for location)

Online mtgs—Last Sun of month, 8:00pm (to access, link to FB page)

The Nest in Lynden

400 Liberty St, Lynden

Free Baby Weigh Day with Lactation Consultant:

Thurs from 10:00-11:30 am

La Leche League of Bellingham

LLL Leaders available 24/7 for phone help:

Lauralee Carbone (360)-201-3445 Jennifer Carter (857)-928-4929

www.llofwa.org/la-leche-league-bellingham

FB: La Leche League of Bellingham & Whatcom County

Maternity Support Services

ANSWERS Maternity Support & Infant Case Management

Variable home visiting hours with appointment

Phone: (360) 255-7855 www.answerscounseling.org

Lummi Tribal Health Clinic

Phone: (360) 384-0464 www.lummi-nsn.org

Nooksack Tribal Clinic

Phone: (360) 966-2106 <https://nooksacktribe.org/>

Sea Mar Maternity Support Services

Bilingual Spanish-speaking staff

Phone: (360) 788-7149 www.seamar.org

Whatcom County Health Department

Nurse-Family Partnership program only

Phone: (360) 778-6100

www.whatcomcounty.us/health

Breast Pump Resources

Norco Medical

Phone: (360) 746-0826

Nurturing Expressions

Phone: (206) 763-2733

Moonbelly Midwifery

Phone: (360) 510-0188

www.moonbellymidwifery.com

Sea Mar WIC Program

Phone: (360) 788-7150

For active WIC clients only

Pacific Mother Support (PMSI)

Phone: (800) 578-2260 Fax: (425) 462-0432

www.pacificmsi.com

Online Resources

Breastfeeding Coalition of WA— Within Reach

www.withinreachwa.org/

Washington State WIC

www.doh.wa.gov/YouandYourFamily/WIC/

BreastfeedingSupport.aspx

La Leche League International

www.llli.org

National Breastfeeding Helpline (*BF Peer Counselors available and free breastfeeding magazine*)

www.womenshealth.gov/Breastfeeding

Kelly Mom Breastfeeding Information/Support

www.kellymom.com

Stanford University Breastfeeding Support
(*"How to" videos*)

<http://newborns.stanford.edu/Breastfeeding>

The Academy of Breastfeeding Medicine

www.bfmed.org

LactMed (*Free App available, Medications & Breastfeeding use, safety, and more*)

<http://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm>

Dr. Hale breastfeeding and medications

<http://infantrisk.com>

United States Breastfeeding Committee

www.usbreastfeeding.org