An individual’s chance of being incarcerated is influenced by a number of factors and experiences that may happen even before birth. From parenting classes to school-based gang prevention services, to mental health and vocational counseling, there are many identified opportunities to increase the chances of success. The programs (on reverse) highlight efforts to reduce negative experiences, strengthen individuals, and build supportive communities. Agencies across Whatcom County work together promoting health and crime reduction through prevention, intervention, treatment, and aftercare (PITA) programs to improve both individual and community wellbeing.

The PITA continuum, shown at right, is a complex interaction of dozens of programs (see reverse) implemented by numerous agencies across Whatcom County.

**Prevention** programs build foundations for healthy lives at the individual, family, and community level. They create protective factors to build resilience, improve home lives, and strengthen relationships with community support systems.

**Intervention** programs identify emerging problems, target unhealthy behaviors, and support individuals with mental illness, substance use disorder, housing instability and/or legal problems.

**Treatment** programs give more intense support to those who have struggled with mental illness or substance use, or have been incarcerated without the skills needed to rejoin the community on a new trajectory. These programs reduce chances of committing further crimes and promote healthier lives for participants.

**Aftercare** programs focus on mental health support and housing stability. These programs reinforce healthy behaviors and crime-free lifestyles.

In addition to these programs, Whatcom County, the City of Bellingham, and other partners engage in development and review of policy and system-wide coordination using public advisory boards, the Incarceration Prevention and Reduction Task Force, and other opportunities for community input.
**PROFESSIONAL PROGRAMS & SERVICES**

**PARENTING SUPPORT FOR HEALTHY CHILDHOODS AND UPSTREAM PREVENTION**
- Nurse Family Partnership*
- Strengthening Families*
- Building Healthy Communities*
- Community Coalitions*
- Youth And Family Behavioral Health*
- Youth Street Outreach Team
- In-School Prevention / Intervention Services*
- Communities in Schools*
- Parenting Academy
- Growing Together and Parent Child Assistance Program
- Youth Marijuana Prevention And Education

**DRUG ABUSE PREVENTION FOR ADULTS**
- Prescription Take Back Pilot Program*
- Pharmaceutical Stewardship Ordinance
- Prescription Lockboxes And Safe Storage*
- Opiate Addiction Outreach & Education*

**BEHAVIORAL HEALTH SUPPORT**
- Mental Health Crisis Triage Services*
- Detox Services*
- Crisis Prevention / Intervention Teams
- Program for Assertive Community Treatment (PACT)
- Behavioral Health Access Program (BHAP)*

**SPECIALTY COURT PROGRAMS AND OTHER LEGAL ALTERNATIVES**
- Teen Court
- Drug Court*
- Family Treatment Court*
- Mental Health Court*
- Non-Incarcerated Pretrial Supervision
- Electronic Home Detention / Monitoring
- DUI Victim Impact Panel
- Cite and Release

**BEHAVIORAL HEALTH INTEGRATION WITH PUBLIC SAFETY AND FIRST RESPONDERS**
- Neighborhood Police Officers and Deputies
- Community Paramedic
- Crisis Intervention / Hostage Negotiation Training for First Responders*

**BEHAVIORAL HEALTH SUPPORT FOR OFFENDERS IN CRIMINAL JUSTICE SYSTEM**
- Jail Behavioral Support and Re-Entry*
- Psychotropic Medications and Community-Based Connections Upon Release*
- Interim Housing*
- Case Management*
- Special Behavioral Health Unit in Probation*
- Juvenile Court Behavioral Health Services*

**OTHER SUPPORT OPTIONS FOR OFFENDERS INVOLVED IN THE CRIMINAL JUSTICE SYSTEM**
- Work Release and School Release
- Offender Work Crews
- GED Program for Offenders
- Financial Literacy for Offenders

**MORE INTENSE HOUSING AND BEHAVIORAL HEALTH ASSISTANCE**
- Community Outreach and Recovery Support (CORS)
- Project for Assistance in Transition from Homelessness (PATH)
- Staffed Permanent Supported Housing*
- Transitional and Semi-Independent Housing Support*
- Mental Health Services*
- Substance Use Disorder Services*
- Homeless Outreach Team (HOT)

**POLICY DEVELOPMENT AND SYSTEM COORDINATION**
- Incarceration Prevention/Reduction Task Force*
- Ground-level Response And Coordinated Engagement (GRACE)*

(*programs supported by 1/10 Sales Tax Revenue)