

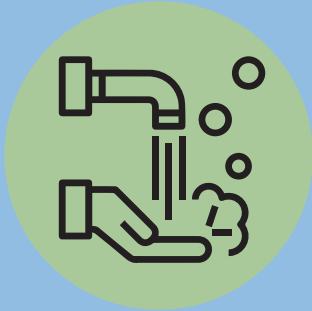
# Recommendations for Handling Pre-Packed Food Safely



Whatcom County  
**HEALTH**  
Department



*Here are a few steps to take to ensure food safety:*



- Transfer food from packaging directly to your plate or to a clean container to eat later.
- Throw away all of the packaging, and clean any surfaces that it came into contact with.
- Wash your hands immediately after handling food packaging, and before eating or handling unpackaged food.
- Wash all produce before you eat or prepare as normal. There is no need for additional washing or sanitizing.

**Do not** spray bleach or disinfectant on your food. **Hand washing remains one of the single most important things you can do to protect yourself and others.**

Note, there is no current evidence to support the transmission of COVID-19 associated with food or food packaging.

[whatcomcounty.us/covid](https://whatcomcounty.us/covid)