



COVID-19 Case Investigation

1

Our investigation starts when we are notified of a positive test result from a healthcare provider or the Washington State Department of Health.



2

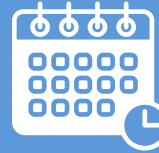
We check in with the sick person to see how they are. We tell them to stay home for at least 10 days after their symptoms started or 3 days after their fever stops, whichever is longer.



3

We ask them:

- *When* their symptoms started.
- *Where* they have been.
- *Who* they had close contact with.
- *Which* health conditions they have that could increase risk of severe illness.



4

We talk to their close contacts who may be at risk of getting COVID-19. Close contacts include everyone in any of these categories:



Were within 6 feet for more than 15 minutes.



Were near their coughs or sneezes



Lived in the same home



Cared for them

Close contacts are told to self-quarantine. This means they should stay home and monitor their health for 14 days after they were last around the sick person.

COVID-19 Symptoms can be severe or mild

Symptoms can take up to 14 days to appear.



- Fever
- Cough
- Shortness of breath
- Fatigue
- Congestion
- Headache
- Chills
- Sore Throat
- Muscle Pain
- Nausea or vomiting
- Diarrhea

People with symptoms should:



- Stay home.
- Call their provider to ask about testing.
- Separate themselves from others.
- Monitor their health.

Learn more and stay updated at [whatcomcounty.us/covid](https://www.whatcomcounty.us/covid).