

Incarceration Prevention and Reduction Task Force: Behavioral Health Committee

9:00 - 10:30 a.m., July 19, 2022, Hybrid meeting

If you require special assistance to participate, please contact the County Council Office at least 96 hours in advance.

Meeting Participation Information

Meetings are held in a hybrid format. Members of the public may attend via Zoom webinar using the join link below or in person at the County Council office located at 311 Grand Avenue, Suite 105. All committee members will participate remotely via Zoom. Zoom attendees will join the meeting without audio or video controls. The Webinar Host will invite attendees to speak at the appropriate time during the meeting.

[Link to join meeting](#)

Call in phone number: (253) 215-8782

Webinar ID: 874 1259 2370

Password: 17783

AGENDA

Land Acknowledgement Statement: Before we begin, we acknowledge that we are gathered on the traditional and unceded territory of the Lummi, Nooksack, Samish and Semiahmoo People who have cared for and tended this land since time immemorial. Truth and acknowledgment are critical to building mutual respect and connection across all barriers of heritage and difference. We begin this effort to acknowledge what has been buried by honoring the truth. We pay respect to their elders past and present. Please take a moment to consider the many legacies of violence, displacement, migration, and settlement that bring us together here today. And please join us in uncovering such truths at any and all public events.

Packet Pages

1. Call to Order

2. Whatcom Family Community Network project to identify community resources

Presentation/Kristi Slette, WFCN Executive Director

3. Draft updated sequential intercept model service inventory for Justice Project..... 1 – 4

Discussion/Mike Parker and Jackie Michell

4. Other Business

5. Public Comment

1. If you would like to speak, virtually “raise your hand.”
 - a. Online: select the Raise Hand icon
 - b. Phone: Press *9
2. When called upon to speak, unmute your microphone. Inform the Webinar Host if you would like to enable your video during your comments.
3. Please state your full name for the record.
4. Staff will disable your microphone when you are done speaking.

6. Adjourn

Meeting summary of the previous meeting is included at the end of the packet for information only. Committee members may suggest changes and/or corrections to the draft summary to jlassite@co.whatcom.wa.us. Audio recordings are the official meeting record and can be found on the IPRTF and committee [website](#).

Upcoming Meetings

Visit the [Task Force website meeting calendar](#) for the most up-to-date meeting schedule

At this time, all meetings are held in a hybrid format. Members of the public may attend meetings via Zoom webinar or in person at the County Council office, 311 Grand Ave Suite 105, Bellingham.

<u>IPR TASK FORCE</u>	COMMITTEES				
Monthly 2 nd or 3 rd Monday 9-11 AM	<u>BEHAVIORAL HEALTH</u> Monthly 3 rd Tuesday 9:00-10:30 AM	<u>LEGAL & JUSTICE SYSTEMS</u> Monthly 2 nd Tuesday 11:30 AM – 12:30 PM	<u>CRISIS STABILIZATION FACILITY</u> Quarterly, 3 rd Thursday 9:30-11:00 AM	<u>INDEX</u> Bi-monthly 1 st Thursday 1:30-3:00 PM	<u>STEERING</u> Monthly Various Thursdays 11:00 AM - 12:30 PM
August 15 September 19 October 17 November 14 December 19	August 16 September 20 (11:30-1:00) October 18 November 15 December 13* (11:30-1:00)	August 9 September 20* October 11 November 8 December 13	July 21 October 20	August 4 October 6 December 1	August 4 September 8 October 6 November 3 December 8

BEHAVIORAL HEALTH GAP ANALYSIS TEAM WHATCOM COUNTY SEQUENTIAL INTERCEPT MODEL UPDATE 2022

Intercept 0	Intercept 1	Intercept 2	Intercept 3	Intercept 4	Intercept 5
Community Services	Law Enforcement	Initial Detention/Initial Court Hearings	Jails/Courts	Reentry	Post-Incarceration Community Supports
<i>Programs in Place:</i>	<i>Programs in Place:</i>	<i>Programs in Place:</i>	<i>Programs in Place:</i>	<i>Programs in Place:</i>	<i>Programs in Place:</i>
<p>0.A</p> <ul style="list-style-type: none"> • Community Paramedic • Ground-level Response & Coordinated Engagement (GRACE) Program • Law Enforcement Assisted Diversion (LEAD) • Homeless Outreach Team (HOT) • Alternative Response Team (ART) • Way Station (hygiene, medical, behavioral health services, medical respite for homeless individuals) – funding & planning in place • Downtown Safety Ambassadors • Lummi Cedar Project • Community providers of mental health treatment services • Community providers of substance use disorder treatment services • Crisis Stabilization Center (detox & mental health crisis stabilization) • Community Medicated Assisted Treatment • Lighthouse Mission Programs (Street Connect Outreach Program), Base Camp (Low Barrier Shelter) • Opiate Outreach & Engagement (Prescription Take Back, prescription lockboxes & safe storage, opiate addiction outreach & education) • School District Prevention Programs (Strengthening Families, Building Healthy Communities, Community Coalitions, In-School Prevention/Intervention Services, Communities in Schools, Sendan Center, Community Resilience Research) 	<p>1.A</p> <ul style="list-style-type: none"> • Ground-level Response & Coordinated Engagement (GRACE) Program • Law Enforcement Assisted Diversion (LEAD) • Sheriffs' Office behavioral health trained deputies • Co-Responders with Sheriff Deputies • Alternative Response Team (ART) • Specialized training for law enforcement & 1st responders • Truancy/discipline school-based services • Law Enforcement Crisis Intervention Team (CIT) training • Crisis Stabilization Center (12-hour Law Enforcement holds) • Specialized training for case managers • Crisis Intervention/Hostage Negotiation Training • Cite & Release • NWYS (Teen Court) • Law Enforcement direct referral (direct line) to Mobile Crisis Outreach Team (MCOT) 	<p>2.A</p> <ul style="list-style-type: none"> • Law Enforcement Assisted Diversion (LEAD) • Jail Behavioral Health Program (mental health screening & suicide assessments) • Juvenile Court Behavioral Health Services • Superior Court & District Court Pretrial Risk Assessment • Superior Court Pretrial Services Unit • Electronic Home Monitoring (EHM) in lieu of detention when applicable • District Court phone call and text reminders for select court calendars • District Court electronic monitoring (SCRAM & Soberlink) • Bellingham Municipal Court: Pretrial SCRAM, Pretrial GPS EHM, Pretrial Risk Assessment, and 2x/week warrant quash • District Court: Pretrial Unit and Pretrial Electronic Equipment Program 	<p>3.A</p> <ul style="list-style-type: none"> • DUI Victim Impact Panel • Work and school release • Inside facility and In-custody work crew • Specialized courts (Teen Court, Drug Court, Family Court, Mental Health Court) • Jail Behavioral Health Services (MHPs, Psy, ARNP) • Medications for Opioid Use Disorder (MOUD) program • Jail Health Program (M.D., ARNP, & Dentist) • Sheriff's Office reduced fees and increased eligibility for jail alternatives • Expanded and increased out-of-custody work crew and work release capacity • District Court Post-Conviction Electronic Equipment Program • Homeless Outreach Team (HOT) • Bellingham Municipal Court: Mental Health Court, DV Court, EHM in lieu of incarceration • District Court High Risk DV Unit, court text messaging • Juvenile Court Behavioral Health Program • Law Enforcement Assisted Diversion (LEAD) • Bible study & 1-1 faith-based counseling • Domestic Violence Sexual Assault Services (DVSAS) group meetings & emergency notification resource for victims • Self Help support groups (AA/NA) 	<p>4.A</p> <ul style="list-style-type: none"> • Short-term housing for stabilization • Program for Assertive Community Treatment (PACT) specializing in jail referrals • Peer Pathfinders (Pilot) - warm handoffs, case management • Prescriptions and access to prescriptions upon release • Specialized Behavioral Health Unit in District Court • GRACE Program • Substance use disorder assessments & treatment coordination • Law Enforcement Assisted Diversion (LEAD) • Jail Behavioral Health Support & Reentry Services 	<p>5.A</p> <ul style="list-style-type: none"> • Peer-to-peer community supports (12-step programs, volunteer organizations) • Community Medicated Assisted Treatment • GRACE Program • Whatcom Dispute Resolution Center (WDRC) (adult conflict resolution training and skill building workshops, Youth restorative practices/justice services & conflict resolution training) • Parent Child Assistance Program (PCAP) • Homeless Outreach Team (HOT) • Offender Reentry Community Safety (ORCS) – DOC • Scattered site housing & permanent supportive housing (22 North, Francis Place, Sun I Street apartments, Greggies House, Sun House Shelter, City Gate) • Shelter Plus Care/Supportive Housing Program Vouchers, Veterans Affairs Supportive Housing, Supportive Services for Veteran Families • Opportunity Council Community Leasing, Subsidized Housing Program (SHP) for Chronic Homelessness • Bellingham Comprehensive Treatment Center (Methadone) • Men's Recovery House (clinically managed low intensity residential services)

- 1** = Behavioral Health Gap Analysis Team rating highest priority program/service to reduce jail population
- 2** = Behavioral Health Gap Analysis Team rating high priority program/service to reduce jail population
- 3** = Behavioral Health Gap Analysis Team rating medium priority program/service to reduce jail population

<ul style="list-style-type: none"> • Youth Marijuana Prevention & Education • Syringe Support Services (mobile & State Street) • Northwest Youth Services (NWYS) (Ground Floor Drop-In Center, Supported Employment for Youth) • Whatcom Dispute Resolution Center (WDRC) (adult conflict resolution training & skill building workshops, youth restorative practices/justice services & conflict resolution training) • Domestic Violence & Sexual Assault Services (DVSAS) (survivor advocacy, shelter, and perpetrator services) • Parent Child Assistance Program (PCAP) • Brigid Collins Parenting Academy • Northwest Regional Council (provides nursing and medical services in jail. Support for individuals with disabilities and complex medical conditions) • Nurse Family Partnership (prevention-based programming) 			<ul style="list-style-type: none"> • Substance use disorder assessments provided in the jail – Criminal Justice Treatment Account (CJTA) funding 		<ul style="list-style-type: none"> • Law Enforcement Assisted Diversion (LEAD) • Lighthouse Mission (Ascent Program & Agape Home) • Law Advocates – Access ID • Crisis Stabilization Center (detox & mental health crisis stabilization)
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Intercept 0	Intercept 1	Intercept 2	Intercept 3	Intercept 4	Intercept 5
Community Services	Law Enforcement	Initial Detention/Initial Court Hearings	Jails/Courts	Reentry	Post-Incarceration Community Supports
<i>Programs in place with resource shortage:</i>	<i>Programs in place with resource shortage:</i>	<i>Programs in place with resource shortage:</i>	<i>Programs in place with resource shortage:</i>	<i>Programs in place with resource shortage:</i>	<i>Programs in place with resource shortage:</i>
<p>0.B</p> <ul style="list-style-type: none"> Scattered-site Permanent Supportive Housing (additional locations) and onsite or improved access to clinical support and intensive case management 1 Intensive case management needed for facility-based Permanent Supportive Housing Programs 1 Mobile Crisis Outreach Team (MCOT) (additional staff for reduced response time when law enforcement comes in contact) 2 Transportation Van (EMS currently – expansion to all individuals needing transport related to services) 2 Clean and sober housing 2 Domestic Violence Perpetrator Opportunity for Treatment Services (DVPOTS) 2 Housing Case Management (additional capacity/training to support people with behavioral health needs) 3 Sex offender ADA accessible housing 3 2nd Chance Employer Program 3 Eviction prevention assistance (Case Manager) 3 Homeless Outreach Team – expand services outside of Bellingham and 24/7 3 Student Assistance Programs (mental health counseling, substance abuse counseling, & family resource coordinators) 3 Youth Mental Health First Aid Trainings 3 988 Roll Out Community Access Point 3 	<p>1.B</p> <ul style="list-style-type: none"> Mobile Crisis Outreach Team (MCOT) (Additional staff for reduced response time when law enforcement comes in contact) 2 Behavioral health specialized law enforcement in multiple jurisdictions (additional capacity) 2 Community Outreach and Recovery Support (CORS) (additional capacity) 3 	<p>2.B</p> <ul style="list-style-type: none"> Mental Health-Assisted Outpatient Treatment/Least Restrictive Alternative (LRA) (additional staff) 2 Public Defender Behavioral Health Specialist 3 	<p>3.B</p> <ul style="list-style-type: none"> Competency restoration program in the jail facility (state funded) 1 Increased work release capacity 2 Domestic and sexual violence jail-based women’s support group 2 Video visiting capabilities (limited electronic tablets for incarcerated individuals) Vocational and literacy training for offenders, with bilingual accessibility 3 Increased warrant quash opportunities 3 	<p>4.B</p> <ul style="list-style-type: none"> Jail Reentry Services, (additional capacity) – both in jail & in community reentry staff, 2nd Sheriff Corrections reentry specialist, reentry navigators) 1 Employment resources (i.e., 2nd chance employers, Goodwill reentry employment services) 2 Increased work release capacity 2 Coordinated Entry referral system (additional staff) 3 Brigid Collins Family Support Services 3 	<p>5.B</p> <ul style="list-style-type: none"> Community Mental Health and Substance Use Disorder Treatment (additional capacity) 1 Scattered-site Permanent Supportive Housing (additional locations) and onsite or improved access to clinical support and intensive case management 1 Intensive case management needed for facility-based Permanent Supportive Housing programs 1 Program for Assertive Community Treatment (PACT) (additional capacity) 1 Domestic Violence Perpetrator Opportunity for Treatment Services (DVPOTS) 2 Sun House - emergency shelter (additional staff, operational costs, upgrades HVAC system) 2 Clean and sober housing 2 Additional rental assistance for post-incarcerated individuals 3 Shelters for individuals post-incarceration 3

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Intercept 0	Intercept 1	Intercept 2	Intercept 3	Intercept 4	Intercept 5
Community Services	Law Enforcement	Initial Detention/Initial Court Hearings	Jails/Courts	Reentry	Post-Incarceration Community Supports
<i>Programs recommended but not in existence:</i>	<i>Programs recommended but not in existence:</i>	<i>Programs recommended but not in existence:</i>	<i>Programs recommended but not in existence:</i>	<i>Programs recommended but not in existence:</i>	<i>Programs recommended but not in existence:</i>
<p>0.C</p> <ul style="list-style-type: none"> • Mental health & substance use disorder assessments on demand/no waiting 1 • Youth Street Outreach Team (NWYS) 2 • Sobering Center 2 • Services for youth Transitioning out of youth services (loss of care at age 25) – warm handoff to adult system 2 • 24/7 drop-in center for persons experiencing homelessness with BH, employment, case management services 3 • Trauma Informed Care training across all intercepts 3 • Homeless Outreach Stabilization Transition (HOST) Program with behavioral health clinical staff 3 • Projects for Assistance in Transition from Homelessness (PATH) 3 • SSI/SSDI Outreach, Access, & Recovery (SOAR Program) 3 • Safe storage 3 • Alternative shelters (Smaller capacity, low stimulation, increased sense of safety for participants/individuals releasing from jail) 3 • Social Worker in jail for support of individuals with memory care needs 	<p>1.C</p> <ul style="list-style-type: none"> • Dedicated Designated Crisis Responder to Bellingham Police Dept/Whatcom County Sheriff's Office (reduction of response time for law enforcement-involved potential Involuntary Treatment Act calls) 1 • Neighborhood Policing 2 • Inpatient/Crisis facility for individuals with serious mental illness & violent behavior 3 • Triage mental health unit for juveniles 3 	<p>2.C</p>	<p>3.C</p> <ul style="list-style-type: none"> • Intensive case manager for the jail 1 • Dedicated housing for therapeutic court members 1 • Mental health & substance use disorder assessments on demand/no waiting 1 • Evidence-based treatment for methamphetamine & other substance use disorders 1 • Parenting & family support programs for families with incarcerated caregivers 2 • Whatcom Literacy Council (1 on 1 tutoring as needed) 3 • In jail assistance with resume writing, interview techniques and skills 3 • Worksource group counseling (interview prep & finding employment) 3 • Parents for Parents support group (discontinued at onset of COVID) 3 • GED Program for incarcerated individuals (No available space in current jail facility) 3 	<p>4.C</p> <ul style="list-style-type: none"> • Discharge planning and mainstream benefits enrollment or reinstatement 1 • Program for Assertive Community Treatment (PACT) dedicated to reentry 1 • Employment assistance in community 2 • Sheriff's Office Corrections Bureau: Reentry services for release from incarceration other than Whatcom County jail 3 • Peer reentry specialists' program 3 • Inpatient behavioral health treatment for parents with children 3 • Temporary housing for individuals who committed a violent domestic crime but need to abide by a protective order to stay away from their victim 3 • Funding for housing costs, utilities when wage earner is ordered to stay away from the home by protective order 3 • Housing Lab in jail run by Whatcom Homeless Service Center (discontinued due to COVID, workforce/remote ineffective) 3 	<p>5.C</p> <ul style="list-style-type: none"> • Safe storage location 2 • Behavioral health consultation to housing providers 3 • Recovery house (3/4-way house after treatment) (female) 3 • Sex offender ADA accessible housing 3 • City Ambassadors employment program – i.e., Downtown Seattle Association (DSA) Clean Team, Safety Team, Outreach Team in Seattle 3

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Incarceration Prevention and Reduction Task Force: Joint Behavioral Health and Legal and Justice Systems Committees

Meeting Summary for June 14, 2022

Agenda item links to YouTube video are functional at the time this meeting summary was created, however, YouTube links may change. Links in this document will not be updated. Please refer to the time notation on each agenda item.

1. Call to Order

Committee Chair Raylene King called the meeting to order at 11:32 A.M. The meeting was held via remote-only Zoom Webinar.

Members Present: Doug Chadwick, Bill Elfo, Brian Estes, Arlene Feld, Heather Flaherty, Stephen Gockley, Dan Hammill, Deborah Hawley, Mike Hilley, Raylene King, Jackie Mitchell, Perry Mowery, Mike Parker, Darlene Peterson, Erick Richey, Michael G. Smith, Donnell Tanksley, Courtney Taylor, Bruce Van Glubt, Maia Vanyo

Members Absent: Nathan Bajema, Chris Cochran, Jenn Lockwood, Seth Fleetwood, David Freeman, Brien Thane

2. National Alliance on Mental Illness (NAMI) Clubhouse International model *(from Behavioral Health Committee)* [\(00:02:00\)](#)

Alan Friedlob and Ruth Davidson of the Clubhouse Startup Committee, presented on the Clubhouse model. They showed a video linked in the packet and discussed some key tenants of the model, including:

- The Whatcom clubhouse will not be a drop-in center – clients would need a referral from a medical provider in order to become a member.
- It is not a peer-run program; staff and members work side by side to build skills, form relationships, and find transitional employment for members.
- The Clubhouse contracts with local businesses to fill open positions, which the Clubhouse guarantees to fill. These are usually part-time rolls.
- 40% of Clubhouse members are employed, compared to 15 – 20% of the general population living with serious mental illness.
- The Clubhouse model reduces hospital stays and incarceration while also improving well-being of members.

Members discussed the model, its potential impact on the community, and how it will interact with the IPRTF's goals.

Parker asked how the model handles members who have a co-occurring substance use disorder. Davidson replied that their goal is not to exclude based on diagnosis, however they do not provide treatment for addiction.

Feld asked how the program would be funded, what the leadership would be, and what qualifications the staff would have. Davidson replied that they are in the process of becoming a 501(c)(3) of their own, but for now they are operating under the auspices of NAMI. They currently have a budget of about \$200,000 and have a contract with the Healthcare Authority, though they will also be seeking out outside funding sources such as individual donors. She said that staff would come from a wide variety of backgrounds. Friedlob discussed the possibility of billing Medicaid for services.

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Gockley asked about capacity, criteria for membership, and the impact of homelessness on admittance to the program. Davidson stated that members must be referred by a healthcare provider, though members do not necessarily need to be under active treatment from a provider. She also spoke to capacity and how it may vary day to day and over time.

Elfo brought up the Mental Health Deputy Program and asked if this would be considered a pre-court diversion program. Friedlob said that the relationship between the Clubhouse model and the criminal justice system needed to be explored further, especially in regards to their ability to make referrals.

Richey asked how criminal history and commitment of crime while involved in the program effected membership. Davidson said that history of incarceration is not taken into account for membership and Friedlob added that once you are a member, you are always a member, though an individual's engagement may vary for many reasons.

King asked if schools could refer people to the Clubhouse if they were still receiving assistance from the school via an IEP. She also asked about transportation. Davidson said that it would be likely that the Whatcom Clubhouse would have a transportation program and that she would bring up the idea of referrals from schools.

Parker asked how the Clubhouse might interact with other organizations providing supportive employment. Friedlob said that the intent is not to duplicate services, but to think about what the demand is for those services and if there is an unmet need in the community.

Parker asked about how the Clubhouse furthers racial equity in the communities they are established in. Friedlob said that there is a nationwide effort underway to assess equity within the Clubhouses, which is in its beginning phases. Davidson added that they are currently working on deciding what their board will look like, and she wants to take equity into account.

3. Mental Health Sentencing Alternative: [RCW 9.94A.695](#) (from Legal & Justice Systems Committee) ([00:52:10](#))

Vanyo spoke to the members about the Mental Health Sentencing Alternative (MHSA). This is one of many sentencing alternatives created by the legislature.

- MHSA went into effect in July 2021
- The standard range sentence is suspended and instead treatment or oversight by the DOH is required
- Victim's opinion must be taken into account when deciding if it is appropriate
- Length of time in the MHSA is anywhere from 12 months to three years, depending on their criminal history and offender score
- In order to be eligible, the judge must determine that the offender has serious mental illness at the time of sentencing that results in serious impairment that interferes with life activities. The crime of conviction must be a felony offense, but cannot be a serious violent or sexual offense.

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The judge must also determine that the offender and the community would benefit from the alternative and the offender must be willing to participate.

- In order to make these determinations, the court can look at old records, or order an examination, which has not yet been seen in our courts. The court can also order a pre-sentence investigation, which must include a proposed treatment plan with a provider who has agreed take on the client. Such providers are difficult to find at this time.
 - This could be a useful tool, however we have to have treatment providers available and funding for them.
- 4. Whatcom County Alternative Response Program** *(from Legal & Justice Systems Committee)*
[\(01:25:49\)](#)

Mowery reported that the Health Department was awarded the contract for the Alternative Response Program. He was unable to share more due to time constraints, however King said that they would put this item on the agenda for a future meeting.

5. Other Business

There was no other business.

6. Public Comment

There were no public comments.

7. Adjourn

The meeting adjourned at 1:00 P.M.