From: <u>Linda Santini</u>
To: SAC

Subject: Better mental healthcare

Date: Thursday, July 14, 2022 6:24:50 AM

Hello,

I would like to attend your meetings on planning for behaviorial health services in connection with building a new jail.

I have decades of experience with loved ones' psychiatric problems and have found there are two natural approaches that work very well to restore one's mental health. Using them for inmates would make the jail much safer for everyone, including corrections officers, would greatly reduce recidivism and make our communities much safer.

Please consider me for a seat at the table on future meetings.

Best regards, Linda Santini, M.Ed. (retired teacher) author of *The Secrets to Real Mental Health*