

From: [Linda Santini](#)
To: [SAC](#)
Subject: to Ryan Anderson
Date: Thursday, August 4, 2022 1:22:31 PM

Hello, Ryan,

I'm writing because I see you're on the Stakeholder Advisory Committee which is looking for ways to do a better job of addressing mental health problems among inmates.

As someone who has dealt with loved ones' psychiatric problems for many years, I want everyone on the SAC to know that conventional psych drugs are such a failure that they should be abandoned except in cases where someone needs to be quickly sedated.

For example, in King County, in 2002, 9,304 mentally ill DSHS clients were treated with conventional psych drugs. Of these, 5 recovered, ending in a recovery rate of .0005%. For emphasis, that's point zero zero zero five percent. If that isn't a dismal failure I don't know what is. (King County Ordinance #13974, First and Second Annual Reports, 2002, 2003. Available online.).

I've been studying restorative mental healthcare and using it on my own family members since 1996. I promise you, the problem is not mental illness. The real problem is that synthetic drugs don't cure. They're not even designed to cure anyone, just act as chemical straight jackets until the patient dies. They are the equivalent of stuffing a sock in your car's tailpipe because it's blowing out black smoke.

Restorative care is what all Americans deserve, and I believe that includes inmates.

I'd like to explain this further, in the near future, if you can find room in your schedule.

Thanks for your time.

Best regards,
Linda Santini, M.Ed. (retired teacher)
Bellingham