



# Whatcom County Behavioral Health Funds

Annual Report 2022

## Overview Summary

2022 marked the third year of behavioral health challenges exacerbated by COVID-19 with continued increased needs for services coupled with a limited behavioral health workforce. Community providers struggled to fill vacant clinical positions and were able to offer only limited appointments for new and ongoing services. During 2022, the Behavioral Health Program Fund was utilized to support multiple behavioral health needs in the community along the Prevention, Intervention, Treatment, and Aftercare (PITA) continuum.

**Prevention:** Prevention services included contracts with community-based providers and behavioral health services in the seven Whatcom County school districts. The programs provided an array of support services to over 4,660 Whatcom County residents ranging from youth to adults.

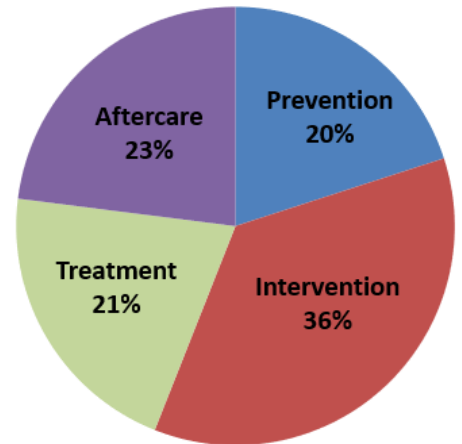
**Intervention:** Intervention programs ranged from community training and consultation to adult and youth therapeutic courts. Ground-level Response and Coordinated Engagement (GRACE) is a component of both the intervention and aftercare portions of the PITA continuum and is primarily supported by 1/10<sup>th</sup> of 1% sales tax. A total of 3,156 youth, young adults and adults were provided support through the intervention programs in 2022.

**Treatment:** Treatment services included jail psychiatric services, psychotropic medication, and jail behavioral health and reentry services. Community based services supported by the fund include the Domestic Violence Perpetrator Outpatient Treatment Services (DVPOTS) that provides funding for treatment for individuals charged with domestic violence that lack the resources to pay for the treatment. 1755 individuals were provided treatment services during 2022.

**Aftercare:** Aftercare services were comprised predominately of housing support for individuals in the community and also include a portion of GRACE assisting individuals in need of accessing support to provide social determinates of health needs. Aftercare services assisted 205 individuals with housing and aftercare support services throughout the year.

## Service Expenditures for 2022

Percentage by PITA Service Type



**Total \$5,880,813**  
(see reverse for budget details)

## Vision and Goals

Develop a comprehensive infrastructure of behavioral health care that will:

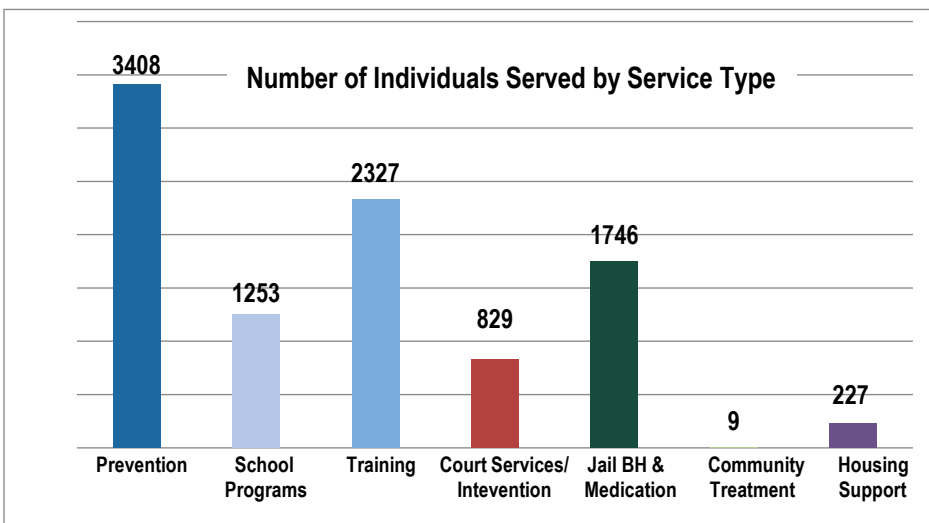
Provide effective recovery-oriented services that mitigate the need for individuals to default to utilization of the emergency room, hospital beds and the county jail.

Provide access and availability for intervention and treatment services to individuals who have limited access.

Promote the provision of services in natural environments in order to reduce the incidence and severity of substance use and mental health disorders.

Provide interventions that divert individuals with mental health and substance use disorders from the criminal justice system to more appropriate options of care.

Support young children and families with early interventions and behavioral health promotion.



### 2022 Accomplishments

- Convened, led and Behavioral Health Gap Analysis for Stakeholder Advisory Committee
- Created new divisions; Response Systems and Community Health and Human Services
- Added Co-Responder and Alternative Response Team Programs

## Whatcom County Behavioral Health Program

### Financial Statement

Year ending December 31, 2022	<u>Revenue Collected</u>	<u>Expenditures</u>
<b><u>Revenue</u></b>		
Sales Tax Collected	\$6,586,251	
Federal & State Grants	\$1,099,742	
Interest Earned	(\$181,327)	
Other	\$322,156	
<b>Total Revenue</b>	<b>\$7,826,822</b>	
<b><u>Expenditures</u></b>		
Prevention (Community & BH School Programs)		\$1,010,195
Intervention (Training/Consultation/Court Services)		\$1,810,798
Treatment (Psychiatric Services/Medications/BH & Reentry in Jail)		\$1,047,838
Aftercare (Housing Support Services)		\$1,154,940
<b>Program Services Total (85% of expenses)</b>		<b>\$5,023,771</b>
Direct Program Support		\$296,709
Administrative Costs (9% of expenses)		\$560,333
<b>Total Expenditures</b>		<b>\$5,880,813</b>

### PITA Continuum

The PITA model continues to serve as the framework for creating a comprehensive foundation for service delivery.

